

Upper Saddle River Baseball Association

Guidelines for T-Ball

General:

- Always promote good sportsmanship
- Only “low impact” balls supplied by the USR Baseball Association shall be used in practices and games
- Only certified coaches are allowed on the field
- All games will be played at the south Bogart School field (behind the USR firehouse)
- Make-up games are not required. However, if the two managers want to make-up a cancelled game they must coordinate re-scheduling and field availability with T-Ball League Director.

Games / Practices:

- Should not exceed 90 minutes
- 30 minutes of your game / practice time should be used for team practice
- All players will play the field
- All players will bat in an inning – No Outs
- All batters shall wear helmets
- Except for the last batter, each player shall advance one base at a time